## AGREEMENT AND RELEASE

I, the undersigned, acknowledge that I have been chosen by **Change the Air Foundation**, **Inc.** ("**CTA**") to receive a **free training course (the "Course")** offered by **Dr. Jill Crista** which was donated by Dr. Jill Crista.

In consideration for CTA's choosing me as a recipient, I agree to provide CTA with my feedback about the Course by completing a survey supplied by CTA. CTA may publish my comments in general terms in promotional materials in its discretion, provided it is understood that no such publication may identify me directly or indirectly without my specific written permission in each instance.

By signing this Agreement and Release, I acknowledge that the Course is being offered by Dr. Jill Crista, and that CTA's only role with respect to the Course is to select the recipients of the Courses donated to it by Dr. Jill Crista. I understand that no part of the training I will receive as part of the Course will be supplied by CTA, and I hereby voluntarily waive, release, and discharge CTA and its directors, officers, employees, independent contractors, and agents and those of its affiliates from any and all liability, claims, demands, or causes of action I may have for any damages I may suffer relating to the Course other than any damage resulting from the gross negligence or intentional misconduct of any such party.

Dated:

Signature

Print Name

E-mail address

Telephone Number